



Maryland Teens Rejecting Abusive Smoking Habits
Youth Advisory Board Meeting
April 21, 2007

Meeting Summary

- Attendance: 6 of 7 coalitions were represented, with 15 youth, 7 advisors, 2 DHMH coordinators, and 3 MDQuit staff members (27 total).
- Introduction included a welcome to the first meeting this year, overview of plans for the day, review of TRASH mission statement, and an icebreaker in which attendees paired up to introduce members from other coalitions to the group.
- Coalition Updates
 - St. Ambrose Catholic School, Baltimore City—planning a festival May 18th with t-shirt designs, bumper stickers, posters, and working to encourage local businesses to be smoke-free.
 - CCALD, Frederick County—majority of members speak English as a second language, so their focus this year is being a culturally significant project, creating skits/commercials in first languages, taking a popular song “This is why I’m hot” and changing the lyrics to emulate TRASH message.
 - ROJA, PG County—Update by youth member: previously handed out 250 pamphlets at community meeting(s), participated in DC press club with Truth campaign, hosted behavior modification workshops, and health fairs; planning an anti-tobacco event with Bowie Baysox and a walk-a-thon with major radio DJ.
 - Girl Scouts of Shawnee County, Inc., Washington County—Update by youth member: currently struggling to connect with local schools due to red tape, planning a Spring Dance featuring chalk outlines and tobacco facts on the dance floor,

working to recruit more boys, and planning Ocean City boardwalk awareness event.

- SOS, Montgomery County—Update by youth members: see email attachment slideshow
 - Project Exhale, Anne Arundel County—Update by youth member: planning Zoo trip on May 19th and Smoke-free Holy Grounds event on May 26th
 - Chuck County TRASH, BLCE, Charles County— hosting their Asian & Pacific Islander Festival, unable to make this TRASH meeting
- Breakout sessions (11:45am – 12:15pm)
- Youth: What the health?!
 - Current topics in tobacco & teens
 - What are our goals this year?

Notes: This presentation by MDQuit staff, Onna Van Orden, became a rather open discussion forum for the youth to answer questions to show their tobacco knowledge (majority of youth knew the correct answers and spoke up). The youth showed strong interest in learning about and sharing thoughts on the challenges to approaching smokers and helping youth quit, as well as learning more about tobacco products, including hookahs.
 - Advisors: DHMH Procedures
 - Discussed topics for future YAB meetings, such as tobacco 101, public speaking.
 - Dana Moncrief asked that advisors submit dates for future events within their coalitions so that she may attend.
 - Tentative dates for future TRASH meetings were distributed. Please review and let Dana Moncrief know if there are conflicts with the dates listed.
- Lunch (12:15 – 1:00pm)
- Youth Survey—pre-survey to evaluate effectiveness of TRASH this year. An advisor pre-survey was also collected.
- Statewide Event Planning (1:00 – 1:30pm)
- Tobacco-Free Sports Day, June 3rd



- Hosted by Montgomery County S.O.S.
 - Activities and guests planning—youth expressed strong interest in sports challenges, hosting tables for each coalition, inviting a major radio station, and handing out TRASH promotional materials.
 - Several groups expressed concerns about being able to attend the event
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- Officer elections overview (1:30 – 1:45pm)
 - Position descriptions with Q&A
 - Preparation for May 19th meeting—in addition to holding officer elections, this meeting may include youth training on tobacco products and legal information, youth cessation information including stress management and public speaking skills, designing new TRASH quitkits and t-shirts, and playing laser tag afterwards.

 - Closing (1:45 – 2:00pm)
 - Evaluations—youth and advisors completed feedback surveys specific to this meeting (results coming soon).

 - BOWLING! (2:00 – 4:00pm)

